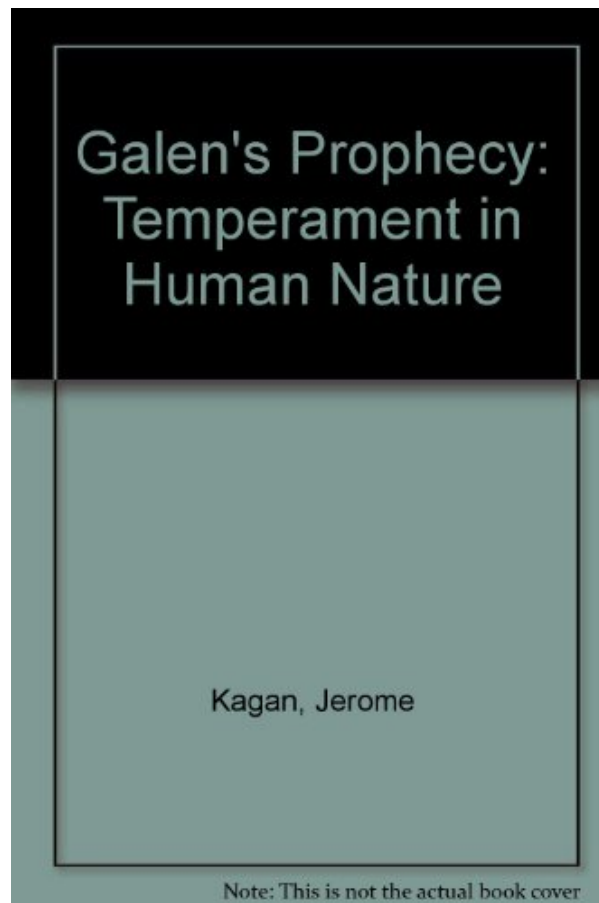


GALEN'S PROPHECY: TEMPERAMENT IN HUMAN NATURE BY JEROME KAGAN



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Galen's Prophecy: Temperament in Human Nature

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From Publishers Weekly

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GALEN'S PROPHECY: TEMPERAMENT IN HUMAN NATURE

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Nearly two thousand years ago a physician named Galen of Pergamon suggested that much of the variation in human behavior could be explained by an individual's temperament. Since that time, inborn dispositions have fallen in and out of favor. Based on fifteen years of research, Galen's Prophecy now provides fresh insights into these complex questions, offering startling new evidence to support Galen's ancient classification of melancholic and sanguine adults. Integrating evidence and ideas from biology, philosophy, and psychology, Jerome Kagan examines the implications of the idea of temperament for aggressive behavior, conscience, psychopathology, and the degree to which each of us can be expected to control our deepest emotions.

- Sales Rank: #11545893 in Books
- Brand: Brand: Free Association Books
- Published on: 1994-01-01
- Original language: English
- Number of items: 1
- Binding: Paperback
- 376 pages

Features

- Used Book in Good Condition

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Temperament is real.

By JackBluegrass

For we folks who feel that we are born "a blank slate", that our ability to live is mainly learned from our environment, Kagan will show how wrong we are. The inborn genetic influence with which we enter this world determines how we act, think, work, and relate to others throughout our lives, despite current thinking that training and experience from birth are all important.

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I am moving this book from bedtime reading to morning with the brain in good working order type of reading

By Robin

I am very interested in his idea but I am finding it a difficult read. It has been too many years since I read scientific studies. I really need to consider this a textbook and take notes and look up terms. I am moving this book from bedtime reading to morning with the brain in good working order type of reading.

15 of 18 people found the following review helpful.

Good News for Introverts

By Jaye Smith

Galen's Prophecy was a stretch for my intellect; it is, afterall, a presentation of scientific research. However, when it was written (early to mid-1990's), it was cutting-edge research in temperament. At the time, I was desperate for answers about the agonies of anxiety and shyness that colored my childhood and followed me

into adulthood. It was personally liberating to read Kagan's solid evidence that we are born with our temperamental tendencies. In our culture, where extroversion is desired and rewarded, it's easy for we introverts to feel inadequate or flawed. Kagan's research has paved the way for newer books on shyness and temperament written for the lay person. Extroverts may never understand the debt of gratitude we introverts owe to Dr. Kagan.

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